

*skin care lab.*   
ARKADIA



**RUSSIAN  
EXPORT CENTER**



**EXIMBANK OF RUSSIA**

ARKADIA is Russian professional cosmetics practicing European approach, designed to meet ladies' demands of today.

ARKADIA is a private research and production laboratory, which provides basis for the full production cycle, from the concept, through the development, to the end product and its marketing. Location: Saint-Petersburg Born in: 2000

The production facilities of ARKADIA cosmetics laboratory meet the requirements of the Process Regulations for the Industry, of the Customs Union, and of the GMP standards for cosmetic product establishments.

We use the latest scientific achievements of the world. Mrs. Elena Korobkova, Doctor of Chemical Science, is the Chief Developer and the Company President & CEO, who has been working in the industry for over 30 years.

Achievements: 2000: The Best Series of the Year for Lady N series, and The Best Packaging Design 2002: Winner at "100 Best Russian Products" 2003: award winner at "Made in Saint Petersburg", and Gold Medal for "Eco and Safe Products" 2013: Winner of My Cosmetics National Prize in nomination of "Alliance of Beauty and Science" for UpGrade 40+ Cream.

We are proud that we work close together with cosmetologists. Our team is always available for feedback. Together, we play our part in the cosmetics creation process. We offer: training and certification, flexible pricing, free samples, and printed presentation supports.

Over 55 regional offices and training centers in Russia, Belarus, Ukraine, Kazakhstan, Uzbekistan and the Baltic States. Regular trainings held by the Company experts at regional offices. We offer web-based trainings for those living in other areas.

We welcome you to arkadia club!

## UNIQUE PROPERTIES OF ARKADIA COSMETICS

### Biocompatibility and Regeneration Properties of Foundation

Protection is the principal function of the skin. The stratum corneum of the skin envelops its main protection mechanism, the epidermal lipids barrier. Any composition, when applied to skin, comes in contact with its stratum corneum, which is its protective barrier. The studies of the structure and of the function of the epidermal barrier, which carried on in the nineties of the previous century, have resulted in understanding that foundations of cosmetics may have tangible effect on the condition of the skin.

For this reason, Arkadia Cosmetics Laboratory creates its creams based on lamellar emulsions. To make these emulsions, we use skin-related substances (membrane lipids, including glycolipids, phospholipids, lecithin and morphologically similar substances, obtained from natural products), which are compatible with the skin lipids. These substances embed into the damaged areas of the skin and relieve pathological sensitivity. This makes ARKADIA creams perfect for sensitive skin. Even without any additional active components, the lamellar emulsion can vividly improve the skin, because the foundation shall have its effect. Such foundation emulsions are only used in premium cosmetics.

To design the products, Arkadia Cosmetics Lab selects the active components according to their synergetic efficiency and functionality, and not for the purposes of marketing. The range of the active ingredients, used in ARKADIA cosmetic preparations, is so wide that ARKADIA could find its place in any category of cosmetics, be it nano, corneo, peptide, eco cosmetics, or else.

The efficiency of a preparation does not only depend on the list of its active components, but also on how they can penetrate the deep layers of the skin. For example, certain vitamins lose their properties, when they acidify on the surface of the skin, and do not achieve the announced performance. Arkadia Cosmetics Lab has designed a special water-free foundation for certain preparations, which allows using the components in their native state to ensure their maximum efficiency. This is an internationally unique know-how.

### Cellular and Molecular Action Levels

Cosmetics these days does not only maintain and improve the protection function of the skin, but also works on cellular and molecular levels. The principle function of cellular cosmetics is to stimulate skin to start producing the essential components. For this, cellular activators (cellular modulators) are used, which are specific substances that affect the vital functions of the cells and activate the self-regulation mechanism. As a result, the skin regenerates using its own resources; it regenerates.

ARKADIA cosmetics uses a smooth immunomodulator  $\beta$ -1,3-glucan (a natural polysaccharide, extracted from cell walls of yeasts or grains by high-technology methods), which can activate protective cells (macrophages). This helps produce a complex of regulator cells, which stimulate the renewal of the outermost layer of the skin and collagen synthesis, and strengthen capillaries.  $\beta$ -1,3-glucan has a number of exceptional qualities which make it a highly valuable ingredient for regenerating, rejuvenating, anti-inflammatory, sun-protective and anti-stress cosmetic products.

Key to cosmetic actions  
designations:

Lifting	
Moisturizing	
Anti-stress, energy boost	
Anti-age	
Anti-inflammatory	
Sebo-regulating	
Astringent	
Antiseptic	
Whitening	
Complexion perfector	
Cleansing	
Tonic	
Exfoliant	
Vessels strengthening	
Sensitivity relief	
Improving skin barrier properties	
Anti-oxidant	
Detox	

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Action	Peeling					
	Carrot's peel	Skin Youth	PLAcet	Amygopeel sali+	Amberly peel	UbeWhite
Anti-ageing	●●●	●●●	●●	●	●	●●
Exfoliation	●●●	●	●	●●	●	
Lifting	●●●	●●	●●	●●	●●	
Moisturizing	●●●	●●●	●●●	●●	●●●	●
Vessels protection	●●		●●●		●	●
Anti-inflammatory, anti-swelling	●●●	●	●●	●●	●●	
Sensitivity relief	●●		●●●		●●●	●●
Sebo-regulating	●●	●	●	●●●	●	
Pore contraction	●●●	●●	●	●●●	●	
Complexion perfector	●●●	●●	●	●●	●●	●●●
Whitening	●●	●	●	●	●	●●●

# Carrot's Peel Retinol Peeling

The active components of the peeling work together to achieve visible results in prevention and correction of chrono- and photo-ageing, mild and moderate acne, post acne, hyperkeratosis, and dyschromia. The Carrot's peel formula allows for using the peeling for couperose skin.



# Carrot's peel

Today cosmetology benefits from bio-stimulating therapy, using biomolecules as natural regulators. Retinoids are known as such regulators. Retinoids can interact with the specific nuclear receptors of target cells (basal keratinocytes, sebocytes, melanocytes, fibroblasts, Langerhans cells, endotheliocytes) and influence their functional activity. Retinoic acid is a common component in retinoid-based peelings. The visible efficiency of such peelings comes together with the high irritating, toxic, and systemic action. Therefore, peelings based on the precursors of retinoic acid (retinol, retinilpalmitate) are becoming more popular. These peelings are the today's choice of gentle cosmetic correction of skin involution. They have low irritation potential, do not damage skin or cause inflammation, and have no systemic action

## Carrot's Peel Properties

- Differently directed active components. The synergetic combination of  $\beta$ -carotene (pro retinol), retinol, retinol ethers, natural tocopherol, ascorbic acid and hesperidin provide multifaceted treatment.
- The stabilizing foundation of the peeling facilitate delivery of the active ingredients and prevents their oxidation.
- High clinical efficacy.
- Product safety. Reduced risk of adverse (including toxic) effect of the peeling, and of personal response.
- Well tolerated by patients. No visible irritation manifested as bright erythema or painful feeling during application. Short recovery period.
- Active protection of vessels. Can be used on couperose skin.
- Home treatment is part of the Carrot's Peel set.

Retinol (vitamin A) increases the desquamation of ceratocytes and thins the stratum corneum. It stimulates the cell proliferation and differentiations, thus accelerating the renewal of epidermis. Retinol also stimulates the synthesis of membrane lipids and improves skin barrier properties. It soothes irritation by suppressing the production of inflammatory mediators. Inhibits melanogenesis by suppression of tyrosinase. Possesses comedonolytic activity and regulates the production of sebum. Stimulates the synthesis of the main components of the derma: collagen, elastin, and glycosaminoglycan. Improves angiogenesis and microcirculation, thus acting as an epithelial stimulant.

Retinol ethers slowly penetrate through the corneum layer and create the depot of the active component. Extend the action time of the peeling and provide for increased rejuvenation during six month after the treatment.

B-carotene (pro retinol) is a precursor of vitamin A. It plays part in anti-oxidant protection of the body, counter-balances the activity of free radicals, protects cell membranes and enzymatic antioxidants. Improves the action of immune system. Protects skin from excess UV exposure. Enhances the peeling effect.

Hesperidin is a flavonoid of vitamin P group. It decreases vascular permeability and increases vascular strength. Fights congestion. Improves microcirculation and lymph efflux. In combination with ascorbic acid works as a capillary protector in couperose skin and spider veins.

8% Ascorbic Acid is a powerful anti-oxidant. Ascorbic acid provides visible anti-inflammatory effect. Inhibits melanogenesis, whitens and improves skin tone. Boosts skin regeneration. Stimulates the synthesis of collagen. Fortifies vascular walls.

Tocopherol (vitamin E) is the "vitamin of youth". A natural anti-oxidant. Inhibits ageing of cells due to oxidation. Provides anti-inflammatory and regenerating effect. Stimulates cellular respiration. Mediates uptake of vitamin A and prevents its oxidation.

## Carrot's Peel Retinol Peeling



1. Carrot's Peel Gel, 10 ml
2. Regenerating cream, 10 ml
3. SPF 30 Cream, 10 ml
4. Neutrazen-Panthenol Synergy Concentrate, 2 X 2 ml ampules

**The treatment instructions and related documents are included with the Carrot's Peel set.**

# Pre-peel and post-peel treatment



# Молодость КОЖИ

## **"Skin Youth" Fruit Acid Milk 4% fruit acid, pH=3**

265 ml



Perfect skin preparation for chemical peeling. The milk cleanses the skin and prepares it for the active treatment.

Fruit acids mellow the stratum corneum to make it more permeable.

Glycolipids,  $\beta$ -1,3-glucan prevent irritation.

## **"Skin Youth" Fruit Acid Tonic**

**3% fruit acid, pH=3,5**

265/50 ml



The tonic can be used as part of the superficial chemical peel, or as pre-peel as part of home treatment.

Removes the milk and grease from skin, reduces pH, improves penetration of the active ingredients and increases the peeling effectiveness.

## **"Skin Youth" neutralizer, pH=6,3**

265 ml



Buffer gel. Neutralizes fruit acids. Helps smoothly and quickly restore of skin pH balance after chemical peeling. To be applied after washing the gel off, or over the gel.

Fruit salts counter-balance the peeling and, in combination with plant extracts, smooth the skin.

Polysaccharides and  $\beta$ 1,3glucan enhance the resistance of skin.

## **Regenerating After-Peel Cream**

**"Skin Youth"**

50 ml



The creams possess strong anti-oxidant and regeneration action. Contain no fruit acids. Perfect final step after superficial chemical peel.

Premium oils contain a combination of amino acids and vitamins and provide a visible anti-inflammatory and regenerating action.

Membrane lipids enhance the barrier properties of skin, restore the stratum corneum after it has been affected, and prevent inflammation.

Vitamins and Q10 co-enzyme energize skin and largely increase the peeling effect.

### **■ "Skin Youth" regenerating after-peel cream, for dry to normal skin**

Thick cream based on water-in-oil emulsion.

### **■ "Skin Youth" regenerating after-peel cream, for normal and combination skin**

Soft cream based on oil-in-water emulsion.



# Chemical Peels

## “Skin Youth” Fruit Acid Peeling with Arginine

“Skin Youth” peeling have kept their stimulating efficiency, while their harm on skin has reached the lowest degree. The updated formula attenuates the irritation, which glycolic acid might cause.



### “Skin Youth” Superficial Chemical Peels with Arginine

50 ml



The gels show visible stimulating effect. When used in a course, provide increasing and stable effect by higher concentration of acids and lower pH factor. Must be neutralized.

High concentration of glycolic acid with low pH factor peels the corneum layer cells, stimulates division of the basal cells, enhances the production of collagen and other components of derma, thus improving the regeneration of skin structure.

Lactic, malic, and tartaric acids moisturize skin, improve its tone and increase immunity.

Arginine amino acid improves the tolerability and controllability of the treatment, and reduces the risk of complications. It enhance the regeneration processes in skin and cell metabolism, which works for the rejuvenation effect after the course of treatment.

Glycosaminoglycan (Chitosan) provides for smooth application by balancing the glycolic acid and preventing inflammation; relieves irritation.

The best result can be achieved when used in a course as instructed (see “Peels” application guide).

- 20% fruit acids (glycolic, lactic, malic, tartaric) pH=2,2
- 40% glycolic acid pH=2,0
- 70% glycolic acid pH=1,8

# “PLAcet” Fruit Acid Peeling with placenta extract



## “PLAcet” Superficial Chemical Peels with Placenta Extract

50 ml



Peels using the new soft action formula are the perfect choice for sensitive and couperose skin; they demonstrate a stimulating, anti-inflammatory, and whitening effect.

Partially neutralized acids are soft peels, which stimulate the natural renewal of skin, leaving capillaries safe and unharmed.

The placenta extract has a strong anti-inflammatory and rejuvenating action, improves skin tone, fortifies blood vessels and reduces their permeability.

The best result can be achieved when used in a course as instructed (see “Peels” application guide).

- 20% fruit acids (glycolic, lactic, citric, tartaric) pH=2,6
- 40% glycolic acid pH=2,4

# “Amygopeel Sali+” Almond Peel

# “Amberry Peel” Gluconic-Succinic Peel

## Amygopeel Sali+ Superficial Chemical Peel with Mandelic and Salicylic Acids



The gel formula is designed for skin with excessive oil secretion. The lipophilic base of the peel allows for easier penetration of the active ingredients into the opening of the hair follicle. The peel is most efficient for mild and moderate acne. May be used on couperose skin and rosacea. Allowed for use during high solar activity.

Mandelic (phenyl-glycolic or amygdalic) acid is an oil-soluble alpha-hydroxy acid, which mainly works in the outer epidermal layers and causes no irritation on skin. Effectively fights hyperkeratosis, tightens pores, has a visible comedolytic and anti-bacterial effect.

Salicylic acid increases the ceratolytic and anti-bacterial effect of the peel.

The best result can be achieved when used in a course as instructed (see “Peels” application guide).

■ 38% mandelic acid, 2% salicylic acid

pH=1,6

50 ml





# Whitening Peel

## “UbeWhite” Peel with Tetrahydrocurcumin and Ferulic Acid

### “Amberly Peel” Superficial Chemical Peel with Gluconic and Succinic Acids



Delicate superficial chemical peel designed for hypersensitive and reactive skin with reduced barrier immunity. Visibly moisturizes skin, stimulates regeneration of the epidermal skin barrier, boosts skin immunity, detoxifies. Unlike glycolic peels, causes no irritation and needs not be neutralized. Perfect for very dry skin. Allowed for use during high solar activity.

Gluconic acid occurs naturally in the body; this polyhydroxy-acid is a gentle exfoliator, which stimulates the epidermal renewal process and improves the barrier properties of skin. Gluconic acid can deposit in the stratum corneum and efficiently moisturize the skin, make it smooth and even, and improve its immunity. The moisturizing capacity of gluconic acid is much higher than of lactic acid.

Succinic acid restores cellular respiration and energy metabolism in tissues, activates the TCA cycle and helps detox. Works as an anti-oxidant and improves the effect of other anti-oxidants. The best result can be achieved when used in a course as instructed (see “Peels” application guide).

This gentle peel can be used as addition to detox, whitening, anti-age and anti-stress procedures.

- 38% gluconic acid, 2% succinic acid
- pH=2,3
- 50 ml



### “UbeWhite” Peeling Gel with Tetrahydrocurcumin



Safe and efficient correction of all-type hypermelanosis. Can be used locally on a pigment spot, or to even overall skin tone. Allowed for use in spring and summer.

- Tetrahydrocurcumin is presently the most efficient tyrosinase inhibitor, which demonstrate visible whitening effect, being no photosensitiser; non toxic
- fruit acids (glucolic, malic, and tartaric) gently peel the skin cells, imbued with melanin.
- caffeic acid detoxifies and improves skin immunity
- ferulic acid, a tyrosinase antagonist; whitens skin, has visible anti-oxidant and anti-inflammatory effect; a biological UV filter

- tetrahydrocurcumin, 5% ferulic acid, 7% glycolic acid
- pH=2,5
- 30 ml

# “Multi Light Energy” Series

## “Multi Light Energy” Milk

265 ml



Perfect cleanser to be used prior to whitening and anti-age treatment. Efficiently removes skin dirt and make-up; can be used as eye make-up remover. Membrane lipids and vitamin F help restore the lipidic protective barrier. Kojic acid, together with arbutin, refines skin tone.  $\beta$ 1,3glucan recovers protective properties of skin. Vitamin E has anti-oxidant and anti-inflammatory effect.



### "Multi Light Energy" Tonic

265 ml



Gently removes the remaining cleansers, and tones. Amplifies the effect of the active formulations. Arbutin whitens skin;  $\beta$ -1,3-glucan enhances natural protective resistance properties; allantoin efficiently moisturizes your skin. Licorice extract has a soothing and anti-inflammatory effect.

Recommended as part of whitening, anti-age and anti-stress procedures.

### "Multi Light Energy" Ascorbic Gel

30 ml



Ascorbic Gel is an active formulation, which includes 8,5% ascorbic acid, hesperidin, vitamin E in anhydrous gel. Moisturizes and softens skin, refines skin tone, improves elasticity; possesses a strong lifting effect.

Vitamin C is unstable and can easily oxidize both in the air and in the water. Moreover, daylight and water accelerate oxidation. ARKADIA Cosmetic Lab has designed a totally new anhydrous base, which allows the native ascorbic acid to preserve its concentration and action while the formulation is used and stored.

#### Ascorbic acid

- a powerful anti-oxidant. When with vitamin E, neutralizes free radicals and fights skin ageing.
- boosts skin regeneration; has an anti-inflammatory effect.

- stimulates fibroblasts to synthesize collagen and elastin; smoothes and reduces wrinkles, and prevents new wrinkles from forming.
- coupled with hesperidin, strengthens the walls of your blood vessels, decreases vascular permeability, improves microcirculation.
- inhibits melanogenesis, whitens and improves skin tone.

#### Vitamin E (tocopherol)

- natural anti-oxidant, "vitamin of youth"
- slows down skin ageing
- reduces the risk of inflammation
- stimulates cellular respiration
- reconstructs cell membranes and protects them from UV-rays

#### Hesperidin (vitamin P)

- fights congestion
- improves microcirculation and lymph efflux

### Serum with Vitamin C

30 ml



Ascorbic acid (Sodium Ascorbyl Phosphate) and arbutine complex provides efficient whitening, intensifies regeneration, provides anti-oxidant protection. Allantoin has a softening and moisturizing effect and stimulates renewal of epidermal cells. Chestnut extract improves microcirculation, strengthens vascular walls and acts as an anti-inflammatory and anti-edemic.  $\beta$ -1,3-glucan improves skin immunity. We recommend using Vitamin C serum in whitening procedures and in chemical peeling to increase anti-oxidant protection, and rejuvenating and whitening effect.

### Mask with Ferulic Acid

230 ml



Rich mask will instantly comfort your skin. Active ingredients promote quick regeneration and soothe the skin. Indispensable in whitening procedures; instantly recovers the marks of fatigue and refines skin tone. Best way to get porcelain skin.

Ferulic acid, a biological UV filter, protects skin from excess UV. Improves skin tone by suppression of tyrosinase. Improves skin barrier properties and helps the photo-damaged skin regenerate. Rice bran oil is rich in gamma-oryzanol and has a visible anti-oxidant and anti-inflammatory effect; makes skin soft and silky. Lecithin improves barrier properties and the immune response of skin; restores water balance.

### "Multi Light Energy" Cream

50 ml



Light lamellar emulsion, for all skin types. Kojic acid derivatives, together with arbutin, lighten pigmentation spots and even skin tone. Vitamins E and F and co-enzyme Q10 provide an anti-oxidant effect, strengthen the resistance properties of the skin and boost metabolism.  $\beta$ -1,3-glucan improves skin immunity. The cream intensely rehydrates and energizes your skin and offers you a long-lasting feeling of comfort. We recommend the "Multi Light Energy" cream for whitening and anti-age procedures. Good for summer period.

# “Oily” Series

## Combination and oily skin treatment





# Oily

## **"Oily" Washing Gel Foam**

265 ml



Intensive but delicate cleanser for oily skin. Softens skin and reduces inflammation. White willow extract balances sebum glands function and the production of sebum; tightens pores, but leaves no tightening feeling on your face.

Recommended as part of intensive treatment for oily and combination skin.

## **"Oily" Tonic for Oily Skin**

265 ml



Alcohol-free. Efficiently removes the excess of sebum without dehydration. White willow and camomile extract, D-panthenol, and zinc salts act as antiseptics, fight inflammation, and soothe your skin.  $\beta$ -1,3-glucan improves skin barrier properties. Moisturizes skin and gives the fresh feeling of comfort.

Recommended as part of intensive treatment for oily and combination skin.

## **SeboNorm Mask**

250 ml



Soft mask for oily skin with kaolin has evident adsorption and antiseptic action.

White willow and licorice extracts, together with zinc oxide, have a powerful anti-inflammatory, pore-shrinking, drying and soothing effect; stimulates regeneration, renewal and recovery

of epidermis. Biosulphur acts as a keratolytic and regulates the sebum glands function. Inulin regulates skin flora by suppressing the growth of pathogenic bacteria and balancing the flora.

Recommended as part of intensive treatment for oily and combination skin.

## **SeboNorm Active Serum**

30 ml



Total care for oily skin, rich in active agents. The serum balances sebum glands function, prevents inflammation, tightens pores, evens skin tone, moisturizes and protects skin; shows good absorption.

Sebostat Botanical Complex (watercress, horsetail, nettle) contains flavonoids, vitamins, unsaturated fatty acids. Has anti-inflammatory and cicatrizing effect, stimulates granulation and epithelium growth. Balances sebum production, reduces oily sheen. Margoza extract contains bio antibiotics, copper, alkaloids; has antiseptic and anti-bacterial action and stimulates skin regeneration. Inulin prebiotics balances the skin flora and restores and stimulates its normal growth; inulin and  $\beta$ 1,3glucan complex repair skin immunity and fortify natural protection from pathogenic bacteria. Vitamin E provides anti-inflammatory and regenerating action, and hyaluronic acid normalizes the water balance of your skin.

Recommended as part of intensive treatment for oily and combination skin.

# “Your Grace” Series

## Thin sensitive skin and couperose skin treatment

### Your Grace Milk for Couperose Skin

265 ml



A balanced complex of active ingredients provides effective and gentle cleansing for hypersensitive skin.

Stabilized hesperidin strengthens vascular walls. Vitamins E and F and co-enzyme Q10 provide an anti-oxidant effect and strengthen the resistance properties of the skin. Membrane lipids, phytosqualane, avocado and germ wheat oils restore and enhance protective lipid barrier. D-panthenol and licorice extract have an anti-inflammatory effect.

We recommend using Your Grace milk for thin sensitive skin, couperose skin and around-the-eye area care.



# Your Grace

## Your Grace Tonic for Couperose Skin

265 ml



Soft and careful treatment. Perfect for reactive and couperose skin.

$\beta$ -1,3-glucan stimulates skin regeneration, allantoin effectively rehydrates your skin. Licorice extract has a soothing and anti-inflammatory effect.

We recommend using Your Grace tonic for thin sensitive skin, couperose skin and around-the-eye area care.

## Your Grace Mask for Couperose Skin

150 ml



This mask improves condition and appearance of skin, increases tonicity and elasticity, relieves hypersensitivity. This mask is also very special due to the richness of long-lasting tactile sensations which you start to feel when the cream is being applied.

Complex of active ingredients (hesperidin, phytosqualane, horse chestnut extract) improves microcirculation, strengthens blood vessels, decreases vascular permeability, normalizes capillary blood flow, increases tonicity and elasticity of your skin.  $\beta$ -1,3-glucan and licorice

extract act as strong anti-inflammatories. Shea and wheat germ oils have regeneration and antioxidation effect. Membrane lipids improve protective properties of your skin, restore the continuity of the outer epidermal layers and prevent evaporation of moisture.

We recommend using this mask in complex care for thin and couperose skin and as an SOS-mask, e.g. after injections.

## Your Grace Active Serum for Couperose Skin

30 ml



Intense care for thin sensitive and couperose skin. Intensively protects capillaries, intensifies regeneration of epidermis and has strong antioxidant and energizing effect.

The essential active agent, hesperidin combined with Vitamin C and horse chestnut extract, strengthens vascular walls, improves microcirculation, removes congestive lumps. The microencapsulated active components of lemon extract are directly delivered into your skin, increase the efficiency of serum and are well absorbed due to their natural origin. Allantoin, panthenol and  $\beta$ -1,3-glucan act as anti-inflammatories.

We recommend using Your Grace Serum for thin sensitive and couperose skin.

# Synergetic Concentrates

## ■ Synergetic Concentrate "Muscle relaxant SYN@AKE Plus"

15 ml



Efficient formula for non-invasive muscle relaxation.

Synergetic effect of argireline and SYN@AKE blocks neurotransmission simultaneously on two levels and inhibits contraction of muscle fibers. When muscle fibers are relaxed active ingredients freely penetrate into the skin, smooth wrinkles and prevent fine lines.

To be used for correction of mimic wrinkles in anti-stress, anti-ageing and other treatments, including supportive care after botulinum toxin injections.

Application of Botef cream at home strongly improves the effect of beauty salon treatment.

## ■ Synergetic Concentrate "Neutrazen + Panthenol"

1,5 ml × 10, plastic ampoules



Strong anti-inflammatory, soothing, cicatrizing and regeneration effect.

Neutrazen suppresses the production of inflammatory mediators, regulates neurogenic irritation on skin, and helps maintain normal sensitivity threshold of the skin. Reduces vascular permeability, prevents swelling, and has strong anti-inflammatory effect.

Panthenol has direct anti-inflammatory effect, stimulates regeneration, normalizes cellular metabolism. Retains moisture and makes your skin soft and firm.

Phospholipids restore barrier layer of skin, embedding into the damaged areas of stratum corneum membrane lipids. Prevent evaporation, comfort pathological sensitivity and ensure deeper penetration of active agents.

Regeneration and anti-inflammatory preparation for use after peelings, mechanical exfoliations and other traumatic treatments.





All-In-One (synergetic) Concentrates are multi-active ampouled formulas for face, neck and décolleté. Active agents are thoughtfully combined for maximum direct effect. To be applied under leave-in masks, collagen masks or independently before finishing cream. Can be applied through ultrasound or cataphoresis (except for SYN@AKE Plus).

■ **Synergetic Concentrate "Hyaluronic acid + beta-glucan"**

1,5 ml × 10, plastic ampoules



Intense lifting, strengthening, moisturizing and immunomodulating effect.

Hyaluronic acid rehydrates your skin and normalizes its water balance. It intensively moisturizes and softens your skin, preserving its elasticity.

β-1,3-glucan stimulates fibroblastic activity and boosts the production of collagen, elastin and hyaluronic acid in derma. Enhances immune properties of skin and protects against UV exposures.

To be used in intense and express-lifting treatment, moisturizing, and atonic skin care.

■ **Synergetic Concentrate "Vitamin A + Coenzyme Q10 + Carnitine"**

1,5 ml × 10, plastic ampoules



Energizing, regeneration, antioxidant and rejuvenating effect.

Vitamin A accelerates cells division, normalizes sebaceous gland function, boosts collagen synthesis and has rejuvenating, regeneration and anti-inflammatory effect.

Coenzyme Q10 (ubiquinone) regulates normal oxidation processes and restores cellular energetics. It is a strong antioxidant which protects cellular membranes and DNA molecules from peroxidation.

Carnitine delivers nutrients to cellular energy plants – mitochondria, and together with Coenzyme

Q10 provides energy for skin cells. Protects from oxidation stress and enhances efficiency of antioxidants.

To be used in anti-stress and anti-age treatment.

■ **Synergetic Concentrate "Lilac stem cells"**

1,5 ml × 10, plastic ampoules



Intense sebo-regulating, anti-inflammatory and anti-fungal effect. Lightens post-inflammation pigment spots.

Lilac stem cells extract normalizes skin condition in general, reduces all kinds of acne, has intense anti-inflammatory effect and protects against melanin pigmentation. Normalizes sebaceous gland function, regulates sebum production, suppresses growth of yeast.

To be used for oily skin and acne treatment.

■ **Synergetic Concentrate "Nanolipids with Vitamin K"**

1,5 ml × 10, plastic ampoules

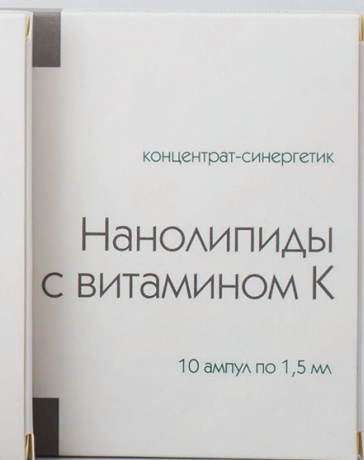


Prevention and treatment of couperose skin and venous lake. Reduces manifestation of spider veins.

Vitamin K plays an essential role in blood clotting, maintains normal coagulation, cicatrizes and diminishes risk of microhematoma.

Nanosomal form of this preparation ensures direct penetration of active ingredient into derma.

To be used in intense care for couperose skin, after mesotherapy, injections and other traumatic cosmetic procedures, prevents formation of hematomas.



# General Care Cleansers



### Facial Cleansing Gel

300 ml



Intense cleanser. A botanical extract complex of camomile, licorice and wheat proteins has soothing effect and prevents tightening. Lecithin leaves your skin soft. For all skin types.

### Cleansing Milk

300/500 ml



Basic cleanser. Contains no hard surfactants. Membrane lipids restore the resistance barrier and soothe the skin. Camomile and calendula extracts soothe and soften the skin.  $\beta$ -1,3- glucan enhances natural resistance properties and prevents inflammation. Good for eye skin.

- Milk for Oily and Combination Skin
- Cleansing milk for normal and dry skin

### Tonic

300/500 ml



Perfect for restoring pH balance of your skin after cleansers and contact with water. Moisturizes, energizes, brings freshness and comfort.  $\beta$ -1,3-glucan improves skin barrier properties. Camomile and calendula extracts have anti-inflammatory and soothing effects. Alcohol-free.

- Tonic for Combination and Oily Skin
- Tonic for Normal and Dry Skin

# General Care Finishing Formulas



Lamellar emulsions based creams are easily applied and absorbed, offer sense of comfort and have light neutral aroma. Perfect for sensitive skin.

### SEVI Cream for Oily and Combination Skin

230 ml



The light cream gel formulation is designed for skin with excessive oil secretion. It effectively moisturizes, tightens pores and brings you sense of comfort for a long time.

$\beta$ -1,3-glucan enhances regeneration processes. Vitamin F balances the lipidic contents in skin and fortifies its barrier properties. Phosphatidylcholine normalizes sebaceous gland function and tightens skin pores. Hyaluronic acid and natural moisturizing factor components restore the hydration level of your skin. Vitamin E provides anti-oxidant protection. Camomile extract has anti-inflammatory and soothing effect.

### Cream for Normal and Dry Skin

230 ml



Light nourishing cream based on O/W emulsion. Enriched with plant ingredients. The well-balanced formula both moisturizes and nourishes your skin. The cream enhances regeneration and prevents wrinkles.

Membrane lipids effectively restore the resistance barrier of skin.  $\beta$ -1,3- glucan, Vitamin A and wheat germ oil activate metabolic processes, stimulate regeneration of cells and boost collagen synthesis. Vitamin E has a powerful antioxidant effect, ensures safe protection of skin against UV exposures and free radicals and slows down skin ageing.

### Dry and Demanding Skin Treatment Cream

230 ml



Rich nourishing cream based on water-in-oil emulsion. The thick base of cream is easily absorbed and leaves no oily sheen, making skin soft and silky. Active agents stimulate regeneration, moisturize and smooth the skin, smooth existing wrinkles and prevent new wrinkles from forming.

The oils complex (shea, wheat germs, egg, soya) replenishes your skin with skin lipids and regenerates skin. Co-enzyme Q10 combined with carnitine energizes.  $\beta$ -1,3- glucan enhances regeneration processes, stimulates regeneration of skin, boosts collagen synthesis and strengthens capillaries. Vitamin E ensures safe protection of skin against free radicals and slows down skin ageing.



# General Care Intensive



### **Milkmask with Fruit Acids for all skin types**

**4% fruit acid, pH=3, 265 ml**



A unique product recommended for beauty salons and designed for moisturizing, lifting, even skin tone and relief, and oily or combination skin treatment. Instant visible effect – fresh, regenerated and breathing skin.

Fruit acids provide tender peeling action, stimulate natural regeneration of skin, deeply moisturize and boost collagen synthesis. Cleanse pores and prevent them from clogging, have anti-inflammatory effect and normalize the sebaceous glands function. Membrane lipids enhance barrier properties of skin and normalize water balance.

### **Exfoliator Cream for All Skin Types**

**150 ml**



Cream mousse with thin polymer granules for gentle skin cleansing. Provides intense exfoliation effect, softens, moisturizes and ideally prepares skin for further treatment; safe for skin. Perfect for sensitive and couperose skin.

Aloe and licorice extracts and wheat protein complex reduce inflammation, improve blood circulation, stimulate regeneration and immune processes, and moisturize your skin.

Recommended as part of general and intensive treatment for all skin types.

### **"Terra" Mask for Atonic Skin**

**250 ml**



Creamy mask with kaolin. Energizes tired atonic skin, provides sense of comfort and natural glamour.

Kaolin has strong adsorbing effect and ensures intense cleansing. Licorice extract soothes and softens the skin. Aloe extract and geranium oil stimulate blood circulation and metabolic processes, enhance protective properties of skin, energize and make your skin look firm and elastic.

To be used in lifting and anti-stress procedures, and after massage.

# Formulas for Mechanical and Atraumatic Care





# Terra

## Gel with Aloe Vera Pretreatment before Pore Cleansing

230 ml



Greatly enhances microcirculation, stimulates safe warm-up of skin, does not cause hypothermia. This gel creates a sort of greenhouse effect which softens stratum corneum and opens pores. No skin damage or irritated capillaries.

Allantoin, licorice extract and geranium oil moisturize and stimulate regeneration. Provide antiseptic and anti-inflammatory effect.

Perfect skin preparation for mechanical and atraumatic care.

## "Terra" Desincrustation Mask

250 ml



Desincrustation is a galvanic treatment when fatty acids from sebaceous humour react with the mask's alkalis forming soap which can be easily removed from the skin.

The mask is designed for manual atraumatic extraction of surface comedones. Kaolin, which has strong adsorbing properties, removes impurities and grease, and tightens pores. The mask has intense cleansing effect.

Perfect for atraumatic cleansing.

## "Terra" Mask After Mechanical Face Cleansing

250 ml



Soft texture and balanced complex of active ingredients provide tender and intense care for damaged skin. The mask effectively regenerates your skin and removes all traces of traumatic treatment. It soothes skin, tightens pores, stimulates regeneration of skin and has anti-inflammatory effect

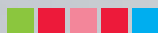
Kaolin tightens pores and whitens skin. Serum normalizes the sebaceous glands function; zinc dioxide has aseptic effect. Licorice extract soothes and softens skin, and acts as an anti-inflammatory.

# Gel Masks



### **"PLAcet" Anti-inflammatory gel mask with placenta bioconcentrate**

150/230 ml



Hyaluronic acid mask. Instant anti-inflammatory and soothing effect. Cicatrizes and actively regenerates skin. Intense moisturizing combined with tender lifting effect.

Placenta bioconcentrate is a strong antioxidant which contains balanced complex of bioactive ingredients: proteins, lipids, vitamins, enzymes, mineral salts. Regulates immune system, metabolism and energy processes, activates regeneration.

Recommended as recovery in chemical peeling, after other traumatic procedures and also for care for mature and demanding skin, sensitive skin and couperose skin.

### **Soothing Gel Mask with Rose Oil**

150/230 ml



Hyaluronic Acid Capillary Protection Mask. Provides regeneration, soothing and moisturizing effect; relieves hypersensitivity.

Hyaluronic acid and natural moisturizing factor components restore the hydration level of

your skin and prevent evaporation. Rose oil relieves hypersensitivity of the skin and restores capillaries. It is an aromatherapy formula, which gently affects CNS and provides a soothing and relaxing effect.  $\beta$ -1,3-glucan enhances skin regeneration processes, stimulates collagen synthesis and growth of young epidermal cells. To be used in chemical peeling and deep moisturizing skin care. Perfect for sensitive and couperose skin.

### **Cooling Mask with Peppermint Oil**

150 ml



Hyaluronic acid based immunomodulating Mask. Instantly cools skin, has vasoconstrictor effect, significantly reduces hyperemia caused by traumatic procedures.

Hyaluronic acid and natural moisturizing factor components restore the hydration level of your skin and prevent evaporation. D-panthenol (Provitamin B5) regenerates, nourishes and softens your skin, enhances its metabolic and regulatory processes.  $\beta$ -1,3-glucan enhances skin protective properties.

Recommended for chemical peeling in case of hypersensitivity (intense pricking, hyperemia). Ideal preparation for care for men's skin and smoker's skin.

### **Complex Lifting Mask with Collagen Hydrolysate**

150 ml



Chitosan based gel-mask provides immediate lifting effect. It improves microcirculation, rehydrates skin and evens its tone. It enhances regeneration, smooths skin, removes small wrinkles and traces of fatigue.

Because of its low-molecular structure hydrolyzed collagen penetrates into deep layers of skin and becomes building material for protein and derma's own collagen synthesis.

Fruit acids 5%, pH=3,5 (glycol, malic, lactic, tartaric) rejuvenate skin and fortify its barrier properties, enhancing its humectancy. They even tone and microrelief of skin. Chitosan ensures comfortable application of the preparation, stimulates immediate lifting and has intense immunomodulating effect.  $\beta$ -1,3-glucan stimulates fibroblastic activity and boosts the production of collagen and hyaluronic acid in derma.

Used in express care as "beauty mask". When used in a course of treatment restores derma's frame and intercellular substance smoothing existing wrinkles and preventing new wrinkles from forming.

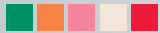
# “Smoothie” Cream Masks





## Detox Mask "White Chocolate"

230 ml



This mask is designed for intense detoxication of skin and anti-stress effect. It evens tones of skin, restores shining of tired skin and reduces number of wrinkles.

CELLDETOX® extends lifespan of cells, enhances detox process and eliminates difficult waste.

Inulin normalizes skin immunity, enhances natural protective properties of skin and resistance to microorganisms.

Carnosine prevents the formation of protein waste products and releases toxins by activating protein-degrading enzymes in your skin.

Kaolin has adsorbing effect, provides deep cleansing of skin and evens its tone and relief.

Phytosqualane is a phytogenic ingredient which has natural affinity to skin. It fortifies barrier properties of skin, speeds up regeneration processes and rehydrates skin.

## Anti-age Mask with phytoestrogens

230 ml



This mask makes your skin soft and silky, restores elasticity and tightness of skin. Its nourishing effect fights atrophy and dryness of skin.

Shea oil softens, moisturizes, nourishes and slows down ageing.

Cimicifuga extract, rich in phytoestrogens, boosts synthesis of derma's structural components and fights ageing, caused by low hormonal level of the skin.

Carnosine extends the lifespan of skin cells; it helps scavenge damaged proteins and prevents age-related skin pigmentation.

Vitamin F has antioxidant effect, improves the protection properties of your skin and enhances metabolic processes.

$\beta$ -1,3-glucan enhances skin regeneration processes, stimulates collagen synthesis and growth of young epidermal cells.

## Moisturizing Mask with Colloidal Oats

230 ml



Tender mask for dehydrated skin and skin with damaged barrier properties. It intensely moisturizes skin, restoring its hydrolipid balance, and has anti-inflammatory, regeneration and soothing effect.

Colloid oatmeal is a natural powder produced from oatmeal using unique technology. It has strong moisturizing and anti-inflammatory effect, cures irritation and pseudoallergic reactions. Soft antioxidant which provides effective protection against UV exposures. Makes your silk smooth and silky.

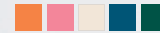
Shea oil contains irreplaceable fatty acids. Boost collagen synthesis, stimulates regeneration.

Lecithin is the main ingredient of living organisms' cell membranes. Natural emulgator. Restores lipid barrier, normalizes water balance of epidermis. Provides direct delivery of active ingredients into deep layers of skin.

Vitamin E, D-panthenol and licorice extract act as anti-inflammatories, regenerate nourish and soften skin, enhance metabolic and regulatory processes.

## Energizing Mask with c $\beta$ -carotene

230 ml



This mask has intense energizing, nourishing and moisturizing effect, stimulates renewal and regeneration, rejuvenates and rehabilitates.

Phytosqualane combined with plant oils fortifies lipid barrier, moisturizes skin, relieves hypersensitivity, makes your skin soft and silky.

$\beta$  carotene (Provitamin A) – is a strong antioxidant which protects against free radicals, speeds up regeneration of epithelium tissues, restores fibroblast activity and boost synthesis of the new fibers of collagen.

Coenzyme Q10 (ubiquinone) regulates normal oxidation processes in mitochondria and restores cellular energetics. It is a strong antioxidant which fights free radicals, protecting cellular membranes and DNA molecules from peroxidation.

Carnitine delivers nutrients to cellular energy plants – mitochondria. Ideal partner for Coenzyme Q10. Enhances effectivity of antioxidants, protects from oxidation stress.

Wheat germ and avocado oils nourish skin with vitamins, microelements and unsaturated fatty acids. They preserve and restore skin elasticity, normalize metabolic process between cells. Stimulate regeneration of skin, restore hydro-lipid mantle of skin.

$\beta$ -1,3-glucan activates protective cells and restores skin immunity.

# Oils

## Anticellulite Massage Oil

300/500 ml



Effective massage oil for body. Contains lavender, sandal, grapefruit and cypress oils. Stimulates microcirculation and fat splitting, has drainage and antiedemic effect, improves electrolyte balance, speeds up regeneration processes. Removes congestive lumps, significantly improves appearance of problem area affected by cellulite. Good prophylactic formula against varicose.

## Cosmetic Massage Oil

300/500 ml



All-in-one massage oil. Enhances barrier properties of skin, doesn't make occlusive dressing during massage, provides ideal sliding, doesn't clog pores. Cost-effective, has neutral aroma.

## Soothing Massage Oil

300 ml



Contains balm, marjoram, aniseed and petitgrain oils. Soothes, relieves muscle tension, has anti-inflammatory effect. It is an aromatherapy preparation which gently affects CNS and provides a soothing and relaxing effect.



# Kits for Cosmetic Procedures

Kits for top procedures designed by Arkadia Cosmetics Lab contain sets of formulas for two or three cosmetic procedures. These kits provide information about methods and results of described procedures. They contain complete sets of formulas used in these procedures.

## Atraumatic cleansing



Gentle and delicate procedure comfortable for the client. It makes cosmetologist's work much easier and reduces the time of cleansing. Combination of diverse formulas doesn't only remove comedones in a gentle way, but also moisturizes skin, tightens pores and normalizes sebaceous gland function. After this procedure your skin looks healthy, well-groomed, soft and elastic.

This kit is designed for 2 procedures.

Oily Washing Gel Foam, 15 ml

Oily Tonic for Oily Skin, 15 ml

Peeling Cream, 10 ml

Gel with Aloe Vera Pretreatment before Pore Cleansing, 10 ml

"Terra" Desincrustation Mask, 10 ml

Synergetic Concentrate "Lilac stem cells", 2x1,5ml

Cream for Oily and Combination Skin, 10 ml

## Binary Lifting and Anti-Stress Care



Intense lifting procedure which provides immediate lifting effect after single use, moisturizes skin, evens tone and removes traces of stress and fatigue. When used in a course of treatment restores derma's frame and intercellular substance smoothing existing

wrinkles and preventing new wrinkles from forming.

This kit is designed for 3 procedures.

Cleansing Milk for Normal and Dry Skin, 15 ml

Tonic for Normal and Dry Skin, 15 ml

Complex Lifting-Mask with Wheat Proteins, 15 ml

"Terra" Mask for Atonic Skin, 10 ml

Synergetic Concentrate "Hyaluronic acid + betaglukan", 3x1,5ml

Cream for Normal and Dry Skin, 10 ml

## MultiLight Energy



Intense procedure specifically designed for delicate lightening and evening your skin tone at any time of year. Recommended for sun damaged skin and as prophylactics against photoaging. It regenerates and cicatrizes tired skin and stressed out skin. This procedure is exclusive, it includes native ascorbic acid on anhydrous basis which provides maximum preservation of natural component's stability and effectiveness. Multi Light Energy procedure immediately results in lifting and light shining appearance.

This kit is designed for 3 procedures.

«MultiLight Energy» Milk, 15 ml

Peeling-Cream, 10 ml

«MultiLight Energy» Tonic, 15 ml

Milkmask with Fruit Acids, 15 ml

Ascorbic Gel, 10 ml

Synergetic Concentrate "Vitamin A + Coenzyme Q10 + Carnitine", 3x1,5 ml

«MultiLight Energy» Cream, 10 ml





## RUSSIAN EXPORT CENTER

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